

OTTER TRAIL GUIDE

TIDES JULY 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0748	2018	0143	1337
2	0734	1729	0829	2105	0227	1418
3	0734	1730	0921	2205	0322	1512
4	0734	1730	1039	2318	0434	1630
5	0734	1731	1216	---	0559	1803
6	0734	1731	0027	1326	0707	1912
7	0734	1732	0125	1415	0756	2002
8	0734	1732	0213	1455	0838	2044
9	0733	1733	0256	1532	0914	2122
10	0733	1733	0336	1607	0949	2159
11	0733	1734	0415	1643	1023	2236
12	0732	1735	0452	1719	1056	2313
13	0732	1735	0529	1755	1129	2352
14	0731	1736	0606	1833	1203	---
15	0731	1736	0643	1914	0032	1238
16	0731	1737	0723	1958	0115	1317
17	0730	1738	0808	2049	0203	1401
18	0730	1738	0903	2152	0259	1456
19	0729	1739	1018	2313	0410	1614
20	0729	1740	1208	---	0547	1813
21	0728	1740	0042	1336	0717	1941
22	0728	1741	0154	1437	0819	2040
23	0727	1742	0253	1526	0908	2129
24	0727	1742	0343	1609	0950	2211
25	0726	1743	0426	1649	1027	2250
26	0725	1744	0505	1724	1059	2324
27	0725	1744	0539	1757	1130	2356
28	0724	1745	0610	1828	1158	---
29	0723	1746	0638	1857	0027	1225
30	0723	1746	0706	1927	0057	1253
31	0722	1747	0736	1959	0130	1324

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

